

SLAA Online Group Inventory 2026

Collation of anonymized individual members' answers, submitted February 2026, in chronological order

Question #1:

What is one thing you like about the group and/or meeting?

I love how we are a chat based group where we cannot see or hear each other. I think that this makes us extremely unique and less triggering compared to other groups. Contrary to what a lot of people say, in person and Zoom meetings DON'T work for everyone! I'm proud to be part of a fellowship that gets that!!

Reliable, regular meetings availability and safe text chat format.

The camaraderie and support.

Supportive, caring, accessibility by being online.

Question #2:

What is one thing would you like to see changed about the group and/or meeting?

I would love it if we could have virtual events sprinkled throughout the year where members of our fellowship can meet up socially in the main room to hang out, chat, play games, etc. without having a meeting. It would give us something social to do that's less formal but still productive and healing, especially for those of us that struggle with anorexia. Peer support and socialization is so important.

More active Ops. More sponsoring.

I wish we didn't have so many folks coming in on vpn (cloaked) connection. It takes a lot of time for the Ops to check on this, and then talk to folks about how this is not allowed, and instead of being able to enjoy the meeting. Seem like a lot of the Ops time is spent doing that these days. I wish there as a way to automatically block vpn connections. I also wish our site were mobile friendly, as many folks don't see our pm to them because they are on their phone and the screen is very small.

More ops and individuals being of service in various ways.

NOTE!

Individual members' submitted answers to Group Inventory Question #3 are not collated in this report. These answers remain the individual responsibility of the members submitting them.

Question #3:

What is one thing you plan to contribute to the group and/or meeting?

SLAA Online Group
March 2026